

# ThermXX



## Extreme Series

## Thermogenic Catalyst<sup>†</sup>

**ThermXX** goes beyond anything ever developed by Max Muscle Sports Nutrition. **ThermXX** is an extremely potent, scientifically based innovation in the diet and weight loss category. **ThermXX** is a thermo-energetic fat burner that takes weight management to the extreme. This is no ordinary fat/calorie-burning product; it is a highly potent formula containing 7 different proprietary blends within one powerful product to support high energy, thermogenic fat oxidation, appetite management, water loss and thyroid function.

The Essential Blend contains Citrus aurantium to enhance energy levels and ignite your metabolism. Synephrine HCl is added to boost metabolism even further to support metabolism and thermogenesis.

The Appetite Management Blend contains four potent appetite curbing ingredients. Garcinia cambogia contains the active ingredient l-hydroxy citric acid or HCA for short. A plant native to India, Garcinia has been studied for its ability to suppress fatty acid synthesis and food intake, in addition to sparing the use of carbohydrate in the body while causing an increase in fat oxidation. Hoodia gordonii is a relatively new discovery in the weight loss arena. Found mainly in the Kalahari Desert region of South Africa and Namibia, Hoodia is being researched for its ability to suppress appetite in humans. The **ThermXX** blend contains a potent 20 to 1 extract of Hoodia while most other products use only a cheap Hoodia powder. Naringin contains the flavonoid compound naringenin, a potent antioxidant to assist the body with exercise recovery and overall health. 5-Hydroxy-Tryptophan is an amino acid that converts to serotonin in the brain. Serotonin can assist the body by relaxing smooth muscle and helping to support a healthy mood.

The Thyroid Support Blend contains three ingredients known for their potent effects on thyroid. There is a potent combination of Commiphora mukul extract and concentrated E & Z Guggulsterones to support thyroid function and maintain healthy cholesterol levels already within the normal range. Together you are getting the whole herb benefits along with the concentrated power of the active E & Z Guggulsterones. Coleus forskohlii contains 10mg of the active ingredient forskolin, to stimulate the action of cyclic AMP. Cyclic AMP in turn activates something called hormone sensitive lipase, which acts to break down fatty acid stores. These fatty acids can then be used by the muscles and other cells for energy by entering the Krebs Cycle as Acetyl CoA. Coleus forskohlii also supports thyroid gland and thyroid hormone production. The thyroid gland and the hormone it produces are in large part responsible for metabolic rate. When dieting your thyroid production can often decline due to lower caloric intake so keeping the thyroid in top condition is a good idea. The function of the thyroid gland is to take iodine, and convert it into the thyroid hormones: thyroxine (T4) and triiodothyronine (T3). Thyroid cells are the only cells in the body that absorb iodine and then combine the iodine and the amino acid L-Tyrosine to make T3 and T4. L-Tyrosine is also included in the **ThermXX** formula for this very reason. The normal thyroid gland produces about 80% T4 and about 20% T3. T3 is about four times stronger than T4. The blend also contains Diiodo-L-Tyrosine, a direct precursor to the production of T3 and T4 thyroid hormones.<sup>†</sup>

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Your assurance of quality<sup>®</sup>

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[www.maxmuscle.com](http://www.maxmuscle.com)



**Size:** 120 Capsules

**Serving Size:** Three (3) Capsules

**Servings Per Container:** 40

### KEY FEATURES

- ThermoEnergetic catalyst<sup>†</sup>
- Increased energy levels<sup>†</sup>
- Appetite management<sup>†</sup>
- Intense Water loss<sup>†</sup>
- Thyroid support<sup>†</sup>
- Thermogenic Metabolism<sup>†</sup>

### KEY MESSAGES

- Citrus aurantium and synephrine to spark your body into action<sup>†</sup>
- Appetite management blend to support your ability to take in fewer calories and reduce body weight<sup>†</sup>
- Thyroid support blend that provides nutrients that support thyroid hormone production naturally for active metabolism<sup>†</sup>
- Extreme energy blend with ingredients that support your alertness and energy levels<sup>†</sup>
- Water loss blend of herbs and ingredients to help you shed unwanted water that clouds definition and hardness<sup>†</sup>
- Thermogenic blend to support fat mobilization and thermogenesis<sup>†</sup>
- Synergistic blend ingredients that work together for accelerated results<sup>†</sup>

### TARGET MARKET

**Primary:** Men and women looking to support metabolism, for weight and appetite management, water loss and increased energy levels.

**Secondary:** Men and women who are seeking a leaner more defined appearance as well as a boost in energy levels.

### RECOMMENDED STACK

- |                    |                       |
|--------------------|-----------------------|
| • Max Lean Protein | • EnerX               |
| • DiurX            | • Max EFA             |
| • Max Pro          | • High 5              |
| • ThyX             | • Max Cleanse & Lean  |
| • Vit-Acell        | • Max Carb & Fat Away |
| • SuppreX          | • Max Complete        |
| • Max CLA          | • RegenaPro           |

## Extreme Series ThermXX 120 Capsules

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**Serving Size:** Three (3) Capsules  
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### Supplement Facts

Serving Size: Three (3) Capsules Servings Per Container: 40

Amount Per Serving	%DV*
B12 (as cyanocobalamin)	50 mcg 833%
Zinc (as zinc aspartate)	2 mg 13%
Chromium (as chromium picolinate)	100 mcg 84%
Proprietary Essential Blend Citrus aurantium (30% synephrine alkaloids), Synephrine HCl	233 mg **
Proprietary Appetite Management Blend Garcinia cambogia (50% l-hydroxy citric acid), Hoodia gordonii 20:1, Naringin (95% naringenin), 5-Hydroxy-L-Tryptophan	420 mg **
Proprietary Thyroid Support Blend Commiphora mukul (10% Guggulsterones), Coleus forskohlii (10mg forskolin), Guggulsterones (98% E & Z)	211 mg **
Proprietary Energy Blend Caffeine Anhydrous, Green Tea Extract (Camellia sinensis (45% EGCG, 98% polyphenols), Cordyceps sinensis (7% cordycepic acid), Yerba mate (Ilex paraguariensis) (8% caffeine) (20% xanthine alkaloids), Panax ginseng (80% ginsenosides), Guarana Extract (22% caffeine), Vinpocetine 99%	638 mg **
Proprietary Water Loss Blend Dandelion Root (Taraxacum officinale), Uva-Ursi (Arctostaphylos Uva-Ursi), Juniper Berry Extract (Juniperus communis), Buchu Extract (Barosma betulina), Hydrangea Root Extract 4:1 (Hydrangea arborescens)	220 mg **
Proprietary Thermogenic Blend Octopamine HCl, Ginger Root (Zingiber officinale), Cayenne Powder, Evodiamine 98%	200 mg **
Proprietary Synergistic Blend Astragalus Root Powder (Astragalus membranaceus), Taurine, L-Tyrosine, Bioperine 96%, Diiodo-L-Tyrosine	130 mg **

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily value not established.

**DIRECTIONS:** As a dietary supplement test your tolerance by taking one (1) capsule in the morning. If well tolerated take another capsule four (4) hours later. After tolerance test, you may take up to three (3) capsules, one (1) to two (2) times daily with eight (8) ounces of water with or without food. DO NOT TAKE AFTER 6PM. MAY CAUSE SLEEPLESSNESS. DO NOT EXCEED SIX (6) CAPSULES DAILY.

**OTHER INGREDIENTS:** Gelatin, Rice Powder, Magnesium Stearate.

**KEEP OUT OF REACH OF CHILDREN.**

**STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE AND SUNLIGHT. ALWAYS KEEP TIGHTLY SEALED.**

**NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING.** Consult a Physician before using this product if you have, or have a family history of, including but not limited to high blood pressure, cardiac arrhythmias, heart, liver, kidney, thyroid, or psychiatric disease, pheochromocytoma, diabetes, asthma, recurrent head aches, anemia, nervousness, anxiety, depression or other psychiatric condition, peptic ulcers, Parkinson's disease, glaucoma, difficulty in urinating, prostate enlargement, or seizure disorder, or if you are using a monoamine oxidase inhibitor (MAOI) or any other dietary supplement, prescription drug, or over-the-counter drug containing ephedrine, pseudoephedrine, or phenylpropanolamine (ingredients found in certain allergy, asthma, cough or cold, and weight control products). Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects, including heart attack and stroke. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness, severe headache, shortness of breath, or other similar symptoms. Individuals who consume caffeine with this product may experience serious adverse health effects and those that are sensitive to the effects of caffeine should consult a Physician before consuming this product. Improper use of this product may be hazardous to a person's health. Do not use during strenuous activity in high temperature conditions (greater than 80° F). Drink at least 2 liters of water daily when using this product.

To report any adverse events call 1-800-332-1088.

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The Energy Blend contains Caffeine for quick energy and alertness. Green Tea Extract (Camellia sinensis) contains the catechin EGCG and other potent antioxidant polyphenols. EGCG supports elevated metabolic rate when combined with exercise and other stimulant compounds like xanthines. Green Tea Extract contains anti-oxidants along with EGCG for sustained energy and metabolism. Cordyceps supports stamina and vitality as well as lung function. Yerba mate (Ilex paraguariensis) contains stimulant compounds similar to caffeine. Yerba mate has been consumed for centuries in South America for vitality and energy. Panax ginseng is known as an energy-balancing herb for vitality and energy. Vinpocetine has the ability to dilate blood vessels thereby enhancing circulation and improving oxygen utilization for support of fat use as energy. Vinpocetine also has antioxidant properties.<sup>†</sup>

The Water Loss Blend contains the powerful Dandelion plant known as Taraxacum officinale to help remove excess water from your body. Excess water is what can often mask your hard earned gains in the gym. Hydrangea is very high in Silicon, Manganese and Chromium for strong nerves, immune system, digestion of fats, blood sugar regulation, growth and reproduction. Hydrangea also contains bitter compounds, like the saponin hydrangin and the flavonoids rutin, quercetin. Traditionally, Hydrangea is used as a diuretic and for urinary tract health. Uva-Ursi, Juniper Berries, and Buchu act to support a healthy urinary tract.<sup>†</sup>

The Thermogenic Blend contains Octopamine, ginger root, cayenne pepper and Evodiamine to boost thermogenesis. Octopamine is another compound found in Citrus aurantium that works similarly to synephrine in creating what is commonly known as the fight or flight response, in other words energy! Ginger and cayenne warm the body so it generates heat to support metabolic rate. By getting warmer and even sweating you are using calories. Evodiamine is a unique compound that acts on the vanilloid receptors to help with body fat utilization.<sup>†</sup>

The Synergistic Blend is composed of ingredients that support the rest of the **ThermXX** formula. L-Tyrosine is a precursor to epinephrine and norepinephrine, potent metabolic stimulants produced by the body during intense exercise. Bioperine is a compound that can assist in the absorption of nutrients found in ThermXX. Diiodo-L-Tyrosine supports thyroid function. The thyroid is responsible for controlling the metabolic rate. Taurine is a non-essential amino acid that acts like an anti-oxidant.<sup>†</sup>

The MMSN product development team utilized only the highest quality ingredients to ensure maximum potency. Our proprietary blends contain superior ingredients that promote synergistic effects in a powerful combination to enhance performance and optimize results. There has never been a proprietary formula developed that comes anywhere close to what **ThermXX** delivers! **ThermXX** should be used in combination with regular exercise and a proper nutrition plan. For maximized results try supplementing **ThermXX** with **ThyrX**, **SuppreX** and/or **DiurX**.<sup>†</sup>

Please read all warnings and directions before taking this product.

Consult a physician before starting any diet or exercise program.

**Contains 75mg of Synephrine and 218mg of Caffeine per serving (three capsules).**