

Max Creatine Monohydrate

HPLC Tested 99% Pure

Volumize your muscle cells and experience a pump that is beyond belief!†

Building muscle is hard work. Anything you can do to make it easier is worth its weight in gold. **Max Creatine Monohydrate** is just what you need to take your training to new levels of intensity and help you push to reach your muscle building goals. **Max Creatine Monohydrate** contains only the highest quality, HPLC tested, 99% pure micro-crystalline creatine monohydrate.†

Creatine is produced naturally in the body and is used in muscle to replenish ATP (energy) stores. By supplementing with **Max Creatine Monohydrate** you can super saturate your muscles with creatine which in turn increases the water content of your muscles. By increasing the water content you also increase the ability of the muscle to perform protein synthesis. After exercise an increase in protein synthesis can often lead to better recovery and faster muscle gain. Your muscles will look fuller, harder, and be ready for your heavy workout sessions. Don't be ordinary! Take your physique to the extreme with **Max Creatine Monohydrate!†**



3 Sizes: 200g, 500g, 1000g (1 Kilogram) Powder
Serving Size: One (1) Scoop, Five (5) Grams
Servings Per Container: 40, 100, 200

KEY FEATURES

- Increase Strength†
- Build Lean Muscle†
- Recover Faster†

KEY MESSAGES

- Assists in the Muscle Building Process.†
- Tasteless so you can mix it in milk, water, juice or with your protein drink.
- Helps build mass and strength by increasing the water content of your muscles which in turn increases protein synthesis which ultimately leads to accelerated lean muscle gains.†
- HPLC tested and guaranteed to be 99% pure.
- 100% Micro-Crystalline creatine which better resists moisture.

TARGET MARKET

Primary: Strength-training athletes and bodybuilders looking to build muscle mass and strength.

Secondary: Endurance athletes looking to volumize muscle cells for more explosiveness and energy.

RECOMMENDED STACK

- Max Pro / High 5
- Max Glutamine
- Max Vit-Acell
- Max EFA
- Max BCAA

Your assurance of quality®

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www.maxmuscle.com

Max Creatine

200g

Size: 200g Powder
Serving Size: One (1) Scoop, Five (5) Grams
Servings Per Container: 40

Supplement Facts

Serving Size: 1 Scoop app. (5g)
 Servings Per Container: 40

	Amount Per Serving	% DV*
Creatine Monohydrate	5g	**

*Percent Daily Values are based on a 2,000 calorie diet.
 **Daily value not established.

Ingredients: Pure Micro Crystalline Creatine Monohydrate. HPLC tested to guarantee no less than 99.9% pure Creatine Monohydrate on every batch.

Directions: Loading Phase: Take one rounded scoop (5g) four times per day for five days. Maintenance Phase: Take one to two rounded scoops daily for 12 to 16 weeks. After 12 to 16 weeks stop for three to four weeks. Repeat Loading and Maintenance phase as desired. Dissolve in your favorite hot or cold beverage. Drink at least 2-4 liters of fluid per day while using this product. Avoid consuming caffeine at the same time as it may decrease effectiveness.

NOTE: If moisture is allowed inside the container, it may cause the product to clump, harden or smell slightly different. Use the enclosed scoop or make sure your spoon is completely dry before dispensing. Clumping or hardening does not change the effectiveness of this product.
 KEEP OUT OF THE REACH OF CHILDREN. STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE, SUNLIGHT AND EXCESS HEAT. ALWAYS KEEP TIGHTLY SEALED.

Max Creatine

500g

Size: 500g Powder
Serving Size: One (1) Scoop, Five (5) Grams
Servings Per Container: 100

Supplement Facts

Serving Size: 1 Scoop app. (5g)
 Servings Per Container: 40

	Amount Per Serving	% DV*
Creatine Monohydrate	5g	**

*Percent Daily Values are based on a 2,000 calorie diet.
 **Daily value not established.

Ingredients: Pure Micro Crystalline Creatine Monohydrate. HPLC tested to guarantee no less than 99.9% pure Creatine Monohydrate on every batch.

Directions: Loading Phase: Take one rounded scoop (5g) four times per day for five days. Maintenance Phase: Take one to two rounded scoops daily for 12 to 16 weeks. After 12 to 16 weeks stop for three to four weeks. Repeat Loading and Maintenance phase as desired. Dissolve in your favorite hot or cold beverage. Drink at least 2-4 liters of fluid per day while using this product. Avoid consuming caffeine at the same time as it may decrease effectiveness.

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Max Creatine

1000g (1 Kilogram) Powder

Size: 1000g (1 Kilogram) Powder
Serving Size: One (1) Scoop, Five (5) Grams
Servings Per Container: 200

Supplement Facts

Serving Size: 1 Scoop app. (5g)
 Servings Per Container: 40

	Amount Per Serving	% DV*
Creatine Monohydrate	5g	**

*Percent Daily Values are based on a 2,000 calorie diet.
 **Daily value not established.

Ingredients: Pure Micro Crystalline Creatine Monohydrate. HPLC tested to guarantee no less than 99.9% pure Creatine Monohydrate on every batch.

Directions: Loading Phase: Take one rounded scoop (5g) four times per day for five days. Maintenance Phase: Take one to two rounded scoops daily for 12 to 16 weeks. After 12 to 16 weeks stop for three to four weeks. Repeat Loading and Maintenance phase as desired. Dissolve in your favorite hot or cold beverage. Drink at least 2-4 liters of fluid per day while using this product. Avoid consuming caffeine at the same time as it may decrease effectiveness.

NOTE: If moisture is allowed inside the container, it may cause the product to clump, harden or smell slightly different. Use the enclosed scoop or make sure your spoon is completely dry before dispensing. Clumping or hardening does not change the effectiveness of this product.
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*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

