

Nuzyme

DIGESTIVE ENZYME COMPLEX

Overview

Nuzyme is a vegetarian sourced digestive enzyme complex. Products classified as digestive enzymes help facilitate digestion, absorption of nutrients, maintain the proper pH in the gastrointestinal tract, and act as a barrier against invasion of viruses and bacteria. There are seven basic types of digestive enzymes, each with various sub-classifications and differing functions. The basic enzymes and their specific functions are as follows: amylase digests starches; cellulase digests fibers; lactase digests dairy products; lipases digest fats, oils and triglycerides; maltase digests starch and grains; protease digests proteins; and sucrase digests sugars. Although Nuzyme features vegetarian sourced enzymes, it is important to note that some other enzymes are extracted from animal sources such as the pancreas, liver and stomach of cows or pigs. Examples of animal enzymes include oxbile, trypsin, chymotrypsin, rennin, pepsin, and pancreatin. Nuzyme does include other plant-based enzymes such as bromelain from pineapple and papain from papaya. Poor digestive function has been linked to many symptoms and a wide variety of clinical digestive conditions. It is also important to note that there have been few clinical studies regarding the use of digestive enzyme products in the treatment of specific digestive conditions. The use of digestive enzymes to treat symptoms and health conditions associated with digestive problems come mostly from health care practitioner observations, anecdotal reports and manufacturer's product claims. Even though there is a lack of scientific research to verify the effectiveness of digestive enzymes, these products have become widely accepted and used worldwide for assisting healthy digestion.

Research Indicates

- » May support healthy digestion
- » May help reduce symptoms associated with lactose intolerance
- » Studies have indicated a significant reduction of gas and bloating associated with the ingestion of high calorie, high fat meals when taking certain enzymes

Recommended Dosage

- ✓ Take 2 capsules up to three times daily with meals.

Cautions

- If you are pregnant or lactating, consult a health care practitioner prior to taking this product.
- Note: Everyone responds differently to digestive enzyme products, 2 capsules with each meal is a general guideline. Consult your nutritional consultant to determine the appropriate dosage.

Supplement Facts	
Serving Size: 2 Capsules	
Servings Per Container: 45	
Amount Per Serving	% Daily Value
Digestive Enzyme Blend	
Bromelain (from pineapple)	120 GDU ¹
Papain (from papaya fruit)	600,000 FCCPU ²
Protease- Acid stable (from Aspergillus oryzae)	10 SAPU ³
Amylase (from Aspergillus oryzae)	400 DU ⁴
Lipase (from Aspergillus niger)	60 FCCLU ⁵
Protease (from Aspergillus oryzae)	400 HUT ⁶
Lactase (from Aspergillus oryzae)	20 ALU ⁷
Cellulase (from Trichodema longbrachiatum)	10 CU ⁸
Hemicellulase (from Aspergillus niger)	10 HCU ⁹
* Daily Value not established	
Other ingredients: Rice bran, rice flour, cellulose, microcrystalline cellulose, magnesium stearate (vegetable source), silica.	
¹ Gelatin Digesting Units; ² FCC Papain Units;	
³ Spectrophometric Acid Protease Units; ⁴ Dextrinizing Units;	
⁵ FCC Lipase Units; ⁶ Hemoglobin Units Tyrosine; ⁷ Acid Lactase Units; ⁸ Cellulase Units; ⁹ Hemicellulase Units.	



These statements have not been evaluated by the Food and Drug Administration. This information is not intended to diagnose, treat, imply cure or prevent any disease. For more information regarding excipients, please refer to the excipient list.

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