

Heart-Cholesterol Support

HELPS MAINTAIN CARDIOVASCULAR HEALTH
AND CHOLESTEROL WITHIN THE NORMAL RANGE

Overview

Heart disease is one of the leading causes of death in the United States and a major cause of disability. In 2009, it is estimated that 785,000 Americans will have a new coronary attack and approximately 470,000 will have a recurrent episode. High cholesterol, high blood pressure, obesity, diabetes, tobacco use and second hand smoke are associated risk factors of heart disease. The chance of developing heart disease can be reduced by controlling these risk factors.

A healthy lifestyle including diet and exercise are the best weapons to combat heart disease. Because so many of today's typical diets lack fundamental nutritional elements, supplements can add to one's ability to control the risk factors of heart disease. Our Heart-Cholesterol Support formula contains phytosterols, or plant sterols, to help reduce these risks. Positive research and studies have shown the effects of phytosterols on cholesterol with one study concluding that consuming 2 grams of phytosterols daily could slash the risk of heart disease by as much as 25%. The FDA has recently approved the following claim on supplements containing phytosterols: Dietary supplements or food containing at least 400mg per serving of free phytosterols, eaten twice a day with meals for a daily total intake of at least 800mg, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease by lowering blood cholesterol.

Our Heart-Cholesterol Support formula contains 400mg of phytosterols as well as salicin, a natural anti-inflammatory agent similar to aspirin, and nattokinase, an enzyme traditionally used to support healthy blood flow and minimize chances of developing heart and vascular diseases.

Research Indicates

- » May reduce the risk of heart disease by lowering blood cholesterol
- » May offer cholesterol support

Recommended Dosage

- ✓ Take 2 capsules daily with meals. Dosage may be split between two meals.

Cautions

- If you are pregnant or lactating, consult a health care practitioner prior to using this product.
- Individuals with a family history of heart disease or who are susceptible to cardiovascular events such as heart attacks or stroke should consult their health care practitioner prior to using the product.
- Consult a physician if taking any heart medication.
- Do not take this product if you are allergic to aspirin or salicylates (or related compounds); people taking prescription blood thinners should not take this product without consulting their health care provider.

Supplement Facts	
Serving Size: 2 Capsules	
Servings Per Container: 30	
Amount Per Serving	% Daily Value
Phytosterols (from soy)	400mg *
Salicin (from White Willow Bark Extract)	81mg *
Nattokinase 20,000 FU's/g (from soy)	50mg *
* Daily Value not established	
Other ingredients: Cellulose, rice flour, silica, magnesium stearate.	



These statements have not been evaluated by the Food and Drug Administration. This information is not intended to diagnose, treat, imply cure or prevent any disease. For more information regarding excipients, please refer to the excipient list.

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