



Anabol Cuts 2 by Max Muscle Sports Nutrition is a science based dual-action formula designed to promote body recomposition acceleration through supporting healthy testosterone levels and hyper accelerated fat metabolism. Body recomposition means increasing lean body mass (LBM) while reducing fat mass (FM) representing a "Build and Burn" effect. To accomplish this, **Anabol Cuts 2** combines the benefits of two powerful complexes, the Anabolic Response Complex and Xtreme Thermolytic Acceleration Complex, to facilitate your body transformation goals.

The **Anabolic Response Complex** contains the clinically proven benefits of Testofen[™]. Testofen[™] is a fenugreek extract containing a wide family of bioactive phytochemicals including the furostanol saponins and steroidal saponins along with protodioscin, gracillin, and dioscin. Testofen[™] is a standardized extract containing at least 50% fenusides which is the primary bioactive ingredient. A recent double blind, randomized, placebo control human clinical trial with 60 subjects has shown that Testofen[™] increases free testosterone by an astonishing 98% along with increases in muscle mass, muscle strength, and libido. Plasma free testosterone is the only form available to bind to androgen receptors. Additionally, the observed reduction in Blood Urea Nitrogen (BUN) concludes that Testofen[™] prevents protein catabolism (breakdown), thus enabling the maximum building of lean muscle mass.

The **Anabolic Response Complex** contains Bulgarian Tribulus terrestris (standardized extract containing a minimum of 45% saponins) supports the production of normal Luteinizing Hormone (LH) produced by the pituitary gland. Luteinizing Hormone stimulates the testes to produce testosterone and supports male reproductive health. Our minimum 45% saponin content makes this one of the most potent formulas available. Additionally, sarsaparilla extract contains bioactive steroidal saponins and pregnane glycosides to further support testosterone levels.

The **Xtreme Thermolytic Acceleration Complex** contains a powerful blend of fat burning ingredients including caffeine, synephrine and green tea leaf extract. Caffeine is a xanthine alkaloid and causes the release of free fatty acids from stored fat cells to be used as metabolic fuel. Caffeine also provides a thermogenic response and central nervous system stimulant. Synephrine is a powerful bioactive amine that stimulates beta-3 cell receptors resulting in further increases in metabolic rate and thermogenesis. Synephrine also exerts an appetite suppressing effect. Green tea extract containing highly concentrated levels of epigallocatechin gallate (EGCG). EGCG is the most predominant tea catechin and numerous studies have now demonstrated its effect of reducing body weight, mainly body fat, by

(cont'd on p.2)

Your assurance of quality® 210 W. Taft Ave. • Orange, California 92865 • 714.456.0700 • 714.456.0727 fax www.maxmuscle.com Size: 60 Capsules Serving Size: 2 Capsules Servings Per Container: 30

KEY FEATURES

- Pro-Anabolic, Thermogenic, Lipolytic Hybrid[†]
- Promotes Body Recompostiton[†]
- Maximizes Healthy Testosterone Levels[†]
- Powerful Thermogenic Response[†]
- Supports Rapid Fat Mobilization and Utilization[†]

KEY MESSAGES

- Scientifically formulated with two powerful complexes, the Anabolic Response Complex and Xtreme Thermolytic Acceleration Complex designed to build muscle and burn fat.[†]
- The Anabolic Response Complex contains optimal doses of Testofen[™] per serving. Testofen[™] is a standardized fenugreek extract clinically proven to increase testosterone (by 98% compared to placebo), increase muscle mass and strength, increase libido, reduce abdominal fat and enhance energy.[†]
- Testofen[™] has been shown to reduce blood urea nitrogen (BUN) levels indicating a prevention of protein catabolism (breakdown) for maximum building of lean muscle mass.[†]
- The Anabolic Response Complex also contains Bulgarian Tribulus terrestris (standardized extract to contain a minimum of 45% saponins) and concentrated Sarsaparilla extract (4:1) containing bioactive steroidal saponins and pregnance glycosides to support luteinizing hormone levels and testosterone production.[†]
- The Xtreme Thermolytic Acceleration Complex contains a powerful blend of fat mobilizing and burning ingredients including caffeine, synephrine

(cont'd on p.2)



Product Data Sheet

Size: 60 Capsules Serving Size: 2 Capsules Servings Per Container: 30

Supplement Facts

Serving Size: 2 Capsules

, Servinas Per Container: 30

Serving Size: Z Capsules	Servings Per Container: 30	
	Amount Per Serving	% DV*
Vitamin C (as ascorbic acid) Niacin (as nicotinic acid) Vitamin B6 (as pyridoxine HCI)	120 mg 75 mg 10 mg	200% 375% 500%
Anabolic Response Complex: Testofen [™] (Fenugreek extract standardii to contain 50% fenuside), Sarsaparilla root extract, <i>Tribulus terrestris</i> Bulgarian 45% (81 mg Saponins)		**
Xtreme Thermolytic Acceleration Complex: Caffeine anhydrous, Green tea extract (Camellia sinensis)(Leaf, 45% EGCG), Synephrine HCI, Alpha Lipoic Acid	500 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Rice powder, magnesium stearate and gelatin.

Directions: As a dietary supplement test your tolerance by taking one (1) capsule with food. If well tolerated, take another capsule 4 hours later with food. After tolerance test, you may take two (2) capsules with food or with up to eight (8) ounces of water without food. Stay well hydrated throughout the day while using this product especially in hot and humid temperatures. **DO NOT TAKE AFTER 6 PM. MAY CAUSE SLEEPLESSNESS. DO NOT EXCEED FOUR (4) CAPSULES DAILY.**

Testofen[™] is a trademark of Gencor Nutrients, Inc. USA

Does not contain: Yeast, corn, wheat, soy, gluten, milk, salt, sugar, preservatives or artificial color.

ALLERGY INFORMATION: Manufactured in a facility that processes milk, soy and egg proteins, peanuts, other tree nuts and wheat.

WARNING: Consult a physician before starting any diet and exercise program and before using this product. Do not take this product if you are female. Do not take this product if you have prostate hypertrophy, liver disease, kidney or heart disease. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience unexpected side effects. If taking prescription medications, consult a licensed healthcare practitioner prior to use.

KEEP OUT OF THE REACH OF CHILDREN.

STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE, SUNLIGHT AND EXCESS HEAT. ALWAYS KEEP TIGHTLY SEALED.



increasing thermogenesis and fat oxidation (fat burning). It has been proposed that the thermogenic stimulating effect of EGCG is by the inhibition of catechol-O-methyltransferase. Alpha lipoic acid (ALA) is a universal antioxidant and recent studies have shown ALA to be an effective cytoprotectant for testosterone and the androgenic receptor.

Anabol Cuts 2 is a smart formula combining the benefits of two powerful complexes. The Anabolic Response Complex provides Testofen[™], Bulgarian Tribulus terestris, and Sarsaparilla root extract to maximize healthy testosterone levels and anabolic responses. The Xtreme Thermolytic Acceleration Complex provides synephrine, caffeine, green tea leaf extract, and alpha lipoic acid to promote rapid fat mobilization and utilization. **Anabol Cuts 2** is your answer to provide your body transformation goals.

Key References:

1. Shixian Q et al. Green tea extract thermogenesis-induced weight loss by epigallocatechin gallate inhibition of catechol-O-methyltransferase. J Med Food 2006;9:451-8.

2. Westerterp-Plantenga MS et al. Body weight loss and weight maintenance in relation to habitual caffeine intake and green tea supplementation. Obes Res 2005;13:1195-204.

3. Astrup A et al. Caffeine: a double-blind, placebo-controlled study of its thermogenic, metabolic, and cardiovascular effects in healthy volunteers. Am J Clin Nutr 1990;51:759-67.

4. Belza A et al. The effect of caffeine, green tea and tyrosine on thermogenesis and energy intake. Eur J Clin Nutr 2007; Sept. 19.

5. Hursel R, Westerterp-Plantenga MS. Thermogenic ingredients and body weight regulation. Int J Obes. 2010;Feb 9.

6. Shixian Q et al. Green tea extract thermogenesis-induced weight loss by epigallocatechin gallate inhibition of catechol-0-methyltransferase. J Med Food 2006;9:451-8.

7. Prahalathan C, Selvakumar E, Varalakshmi P. Lipoic acid modulates adriamycin-inducted testicular toxicity. Reprod Toxicol. 2006;21:54-9.

8. Sautour M, Miyamoto T, Lacaille-Dubois MA. Bioactive steroidal saponins from Smilax medica. Planta Med. 2006;72:667-70.

9. Shao B, Guo Y, Ye M, Han J, Guo D. Steroidal saponins from Smilax china and their anti-inflammatory activities. Phytochemistry. 2007;65:623-30.

(cont'd from p.1)

and green tea leaf extract.[†]

- Caffeine promotes the breakdown and release of fat from fat stores, potentiates the thermogenic action of the other ingredients in the formula, promotes mental alertness and increases energy levels.[†]
- Contains green tea extract standardized with highly concentrated levels of epigallocatechin gallate (EGCG). Published studies have demonstrated the efficacy of EGCG in reducing body fat, increasing thermogenesis and fat oxidation (fat burning).[†]
- Synephrine is a powerful bioactive amine that stimulates beta-3 cell receptors resulting in increases in metabolic rate and thermogenesis.[†]

Testofen[™] is a trademark of Gencor Nutrients Inc., USA

TARGET MARKET

Primary: Bodybuilders and athletes seeking to build muscle, reduce body fat and support healthy testosterone levels.

Secondary: Athletes seeking more energy, stamina, libido, and sexual benefits in addition to immune function support.

RECOMMENDED STACK

Max ZMA Your assurance of quality®www.maxmuscle.com

To report a serious adverse event, contact: Max Muscle Sports Nutrition 210 W. Taft Ave., Orange CA 92865 www.maxmuscle.com



† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.