



Our Products

At Titan Nutrition we pride ourselves in formulating superior supplements, its what we do best. The raw materials found in our products have been scientifically proven to work..... You won't find a book of ingredients listed in blends on our labels either. What's the point in having a virtual dusting of ingredients only to "strengthen" the label?

W H E Y 5 L B & 2 L B

AMOUNT PER SERVING		% DAILY VALUE**	
Calories: 130		Calories from Fat: 20	
Total Fat	2 g		3%
Saturated Fat	1 g		5%
Trans Fat	0 g		0%
Cholesterol	55 mg		18%
Sodium	75 mg		3%
Potassium	250 mg		7%
Total Carbohydrate	5 g		2%
Dietary Fiber	0 g		0%
Sugar	4 g		8%
Protein	23 g		46%
Calcium	15%	Iron	4%
Phosphorus	10%	Magnesium	4%
Chromium	2%		

Not a significant source of Dietary Fiber, Vitamin A or Vitamin C.

**Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carb		300 g	375 g
Dietary Fiber		25 g	30 g

INGREDIENTS: Protein Blend (Whey Protein Concentrate, Whey Protein Isolate, Milk Protein Isolate), Cocoa (processed with alkali), Natural and Artificial Flavors, Sucralose, Digestive Enzyme Blend (Papain and Protease). **Contains Milk (Whey).**

Amino Acid Profile (Per Serving)

Alanine	1171 mg
Arginine	646 mg
Aspartic Acid	2438 mg
Cystine	545 mg
Glutamic Acid	3884 mg
Glycine	425 mg
Histidine	411 mg
Isoleucine*	1384 mg
Leucine*	2354 mg
Lysine	2306 mg
Methionine	511 mg
Phenylalanine	733 mg
Proline	1382 mg
Serine	1196 mg
Threonine	1581 mg
Tryptophan	403 mg
Tyrosine	701 mg
Valine*	1229 mg
*Total BCAAs	4967 mg

ALLERGEN WARNING:

Contains Milk (Whey). Manufactured in a facility that produces products containing milk, eggs, wheat, soybeans, shellfish, fish oil, tree nuts and peanuts.



All ingredients are put into our formulas in safe and effective quantities and potencies to help you better achieve your goals. To ensure quality all products are manufactured in an FDA monitored facility following GMP (good manufacturing practices) standards. Products are tested in a third-party laboratory to ensure purity and potency.