

Q U A D R A

# CUTS

NIGHT • TIME  
METABOLIC ACTIVATOR



**Size:** 60 Capsules  
**Serving Size:** 2 Capsules  
**Servings Per Container:** 30

**Quadra Cuts Night Time Metabolic Activator** by Max Muscle Sports Nutrition (MMSN) is designed for adults to help sustain maximum calorie burning while you sleep. Unlike preparations that leave you feeling over stimulated and restless in the evening, Quadra Cuts Night Time provides the fat burning factors throughout the night and assists you in sleeping by combining gentle, but effective sleep aids promoting a great night's sleep. †

**Quadra Cuts Night Time Metabolic Activator** contains the Night Time Burn Blend with four scientifically proven fat loss accelerators including, L-Carnitine (fumarate), 7-Keto<sup>®</sup> DHEA, Garcinia cambogia extract (Hydroxycitric acid, HCA), and Chromium (polynicotinate).

L-Carnitine helps body fat reduction by transporting fatty acids into muscle cells for fat burning, which helps prevent fatty acid buildup and fat stores. L-Carnitine is absolutely essential for all fat metabolism to take place in the body. L-Carnitine and its precursors, L-Lysine and Vitamin C (Ascorbic Acid), make it possible to increase energy while burning fat. †

7-Keto<sup>®</sup> is the trade name for the compound 3-acetyl-7-oxo dehydroepiandrosterone (DHEA) and a proven safe, effective and innovative weight loss ingredient. Like DHEA, it is known to decline with age. Human clinical studies have shown that 7-Keto<sup>®</sup> accelerates weight and fat loss compared to a placebo in overweight individuals when combined with a program of diet and exercise. 7-Keto<sup>®</sup> works naturally in the body to enhance the activity of three thermogenic enzymes promoting the burning of fat including, fatty acyl CoA oxidase, glycerol-3-phosphate dehydrogenase and malic enzyme. 7-Keto<sup>®</sup> promotes weight loss without the use of stimulants. †

Garcinia cambogia (Hydroxycitric Acid, HCA) is another key ingredient in Quadra Cuts Night Time. Garcinia works by limiting or slowing lipogenesis or fat accumulation because it is a competitive inhibitor of this enzyme ATP citrate lyase. The inhibition of this enzyme limits the availability of acetyl CoA units required to synthesize fat. Research studies done on animals suggest that hydroxycitric acid may also help to reduce appetite, food intake and induced weight loss. †

Chromium is a trace mineral that plays a vital role in helping to regulate blood sugar levels that can help to prevent poor absorption of glucose for energy. Without chromium, blood fats tend to rise because the liver cannot filter them out. If you are deficient in chromium, you run the risk of having low energy levels, higher blood fat (cholesterol) and health problems. In addition, Pantothenic acid (Vitamin B-5) helps optimize carbohydrate, protein and fat metabolism. †

The **Quadra Cuts Night Time Metabolic Activator** Relaxation/Sleep Blend contains L-Theanine, Valerian root extract and Melatonin. L-Theanine is a unique amino acid and a

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### KEY FEATURES

- *Designed as a Safe and Healthy Means to Support Fat Metabolism Throughout the Night. †*
- *Contains 4 Effective Lipotropic Factors to Increase Metabolism. †*
- *Calming Night Time Fat-Loss Accelerator That Assists in Burning Fat While You Sleep. †*
- *Natural Relaxation and Sleep-Aid. †*

### KEY MESSAGES

- *Contains 4 scientifically proven non-stimulating fat loss accelerators including L-Carnitine (fumarate), 7-Keto<sup>®</sup> DHEA, Garcinia cambogia extract (Hydroxycitric acid, HCA), and Chromium (polynicotinate). †*
- *L-Carnitine is absolutely essential to transport fatty acids into muscle cells for fat burning. Your body cannot burn fat without L-Carnitine. †*
- *7-Keto<sup>®</sup> DHEA is an innovative, proven safe and effective compound that works naturally to enhance fat loss thermogenesis. 7-Keto<sup>®</sup> DHEA promotes non-stimulating fat loss. †*
- *Garcinia Cambogia works by limiting or slowing lipogenesis or fat assimilation. †*
- *Chromium is an essential trace mineral that plays a vital role in helping to regulate blood sugar levels which can help to prevent poor absorption of glucose for energy. †*
- *The addition of Pantothenic Acid helps optimize carbohydrate, protein and fat metabolism. †*
- *Promotes relaxation and a restful night's sleep with L-Theanine, Valerian Root and Melatonin. †*
- *Specially formulated to work with the daytime formulas Quadra Cuts Extreme and Quadra Cuts Thyroid for your 24/7 solution to the most powerful fat burner supplement program.*

Your assurance of quality<sup>®</sup>

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# Product Data Sheet



**Size:** 60 Capsules  
**Serving Size:** 2 Capsules  
**Servings Per Container:** 30

## Supplement Facts

Serving Size: 2 Capsules      Servings Per Container: 30

Amount Per Serving	% Daily Value*
<b>Quadra Cuts Night Time Burn Blend:</b> L-Carnitine Fumarate, 7-Keto® DHEA (3-acetyl-7-oxo-dehydroepiandrosterone), Garcinia cambogia extract (Hydroxycitric acid, HCA), Chromium (as polynicotinate) (120 mcg, 100% DV)	750 mg †
<b>Quadra Cuts Night Time Relaxation/Sleep Blend:</b> L-Theanine, Valerian (Valeriana officinalis) root extract (standardized to contain 0.8% valerenic acids), Melatonin, Calcium Phosphate Dibasic, D-Calcium Pantothenate, L-Lysine, Ascorbic Acid (60 mg, 100% DV)	411 mg †

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet. †Daily Value not established

**Other Ingredients:** Magnesium stearate, gelatin.

**Directions:** As a dietary supplement take two (2) capsules in the evening shortly before bedtime or as recommended by a health care professional. Never consume before driving or operating machinery.

**ALLERGY INFORMATION:** Manufactured in a facility that processes milk, soy and egg proteins, peanuts, other tree nuts and wheat.

**STORE IN A COOL, DRY PLACE IN THE ORIGINAL CONTAINER AWAY FROM MOISTURE AND SUNLIGHT. ALWAYS KEEP TIGHTLY SEALED.**

## WARNING STATEMENT

NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. Consult a physician before using this product if you have, or have a family history of, including but not limited to high blood pressure, cardiac arrhythmias, heart, liver, kidney, thyroid, or psychiatric disease, pheochromocytoma, diabetes, asthma, recurrent headaches, anemia, nervousness, anxiety, depression or other psychiatric condition, peptic ulcers, Parkinson's disease, glaucoma, difficulty in urinating, prostate enlargement, or seizure disorder, or if you are using a monoamine oxidase inhibitor (MAOI) or any other dietary supplement, prescription drug, or over-the-counter drug containing ephedrine, pseudoephedrine, or phenylpropanolamine (ingredients found in certain allergy, asthma, cough or cold, and weight control products). Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects, including heart attack and stroke. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness, severe headache, shortness of breath, or other similar symptoms. Individuals who consume caffeine with this product may experience serious adverse health effects and those that are sensitive to the effects of caffeine should consult a physician before consuming this product. Improper use of this product may be hazardous to a person's health. Do not use during strenuous activity in high temperature conditions (greater than 80 F). Drink at least 2 liters of water daily when using this product.

**Does not contain:** Yeast, corn, wheat, soy, gluten, milk, salt, sugar, starch, preservatives or artificial color.

## TARGET MARKET

**Primary:** Individuals trying to lose weight and looking for a non-stimulating supplement to support fat metabolism throughout the night.

**Secondary:** Individuals looking for a natural and gentle relaxation formula to support a great night's sleep.

## RECOMMENDED STACK

- Quadra Cuts Advanced Thyroid Support
- Quadra Cuts Extreme
- Max Gluta Matrix
- High 5
- Max ZMA

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natural constituent found in tea. L-Theanine has been shown to significantly increase alpha wave production in the brain, an indication of calming and relaxation. †

Valerian root extract is derived from an entirely natural herbal source and has extensive research proving its usefulness as a calming and sleeping aid. The time-tested support of Valerian root extract not only encourages a restful and refreshing sleep, but also stimulates peristalsis, the movement of digestive tract muscles, for proper digestion and intestinal transit. Melatonin is a hormone produced by the pineal gland, a small gland in the brain that regulates the body's sleep and wake cycle. Melatonin helps promote the body's natural sleep cycle. Combined, these ingredients promote relaxation, the onset of sleep as well as the quality of sleep. †

**Quadra Cuts Night Time Metabolic Activator** is specially formulated to work with Quadra Cuts Extreme and Quadra Cuts Thyroid your 24/7 solution to the most powerful fat burner available in the marketplace.

## Key References

1. Kalman DS, Colker CM, Swain MA, et al. A randomized, double-blind, placebo-controlled study of 3-acetyl-7-oxo-dehydroepiandrosterone in healthy overweight adults. *Curr Ther Res* 2000;61:435-442.
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14. Rink D, Roy S, Khanna S, et al. Transcriptome of the subcutaneous adipose tissue in response to oral supplementation of type 2 Leprdb obese diabetic mice with niacin-bound chromium. *Physiol Genomics* 2006;27:370-79.

To report a serious adverse event, contact:

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† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.