



PRODUCT DATA SHEET

MAX MULTI

Comprehensive Multivitamin/Mineral Complex to Support Men's Health†



Size: 60 Capsules | Serving Size: 2 Capsules | Servings Per Container: 30

Key Features and Benefits:

- Uniquely Comprehensive Multivitamin/Mineral Mega Complex to Support Men's Health and Wellness†
- Delivers 24 Essential Vitamins & Minerals Including 1,600 IU Vitamin D3
- The June 2002 issue of the Journal of the American Medical Association (JAMA) reports that: "Most people do not consume an optimal amount of all vitamins by diet alone. Pending strong evidence of effectiveness from randomized trials, it appears prudent for all adults to take vitamin supplements."
- Provides a full-spectrum, complete and high-potency vitamin, mineral and trace mineral complex.
- Delivers high potency antioxidants including Vitamin C, Vitamin E, Copper, Selenium, Beta-carotene and Alpha Lipoic Acid.
- Provides major, trace and ultra-trace minerals often difficult to obtain through diet. These minerals are delivered in special amino acid chelate forms for optimal bioavailability and assimilation.
- Alpha Lipoic Acid is uniquely soluble in both water and fat and considered by scientists to be a "Universal Antioxidant". Because of its unique solubility, it provides protection at hard to reach tissues within the body.
- The Organic PhytoBalance Blend provides a comprehensive array of the most healthy and protective organic berry ingredients. Richly colored berries including Maqui Berry, Blackberry, Acerola Berry, Blueberry, Strawberry, Raspberry, Goji Berry, Cranberry and Yumberry delivers powerful protective antioxidant properties to combat daily oxidative stress†
- Enhanced with a Branched-Chain Amino Acid Blend (L-Leucine, L-Valine and L-Isoleucine) to support anti-catabolic, endurance and recovery†
- Lutein, Zeaxanthin, Lycopene and Astaxanthin are unique and powerful carotenoids to protect and support the health of skin, eyes, joints, prostate, joints, immune system and cardiovascular system.†
- Choline has many biochemical functions and is essential for the synthesis of cell membranes. Highly concentrated in the brain, choline functions in the synthesis of phosphatidylcholine and the neurotransmitter acetylcholine.
- Inositol is an essential component of cell membrane phospholipids and is highly concentrated in the brain and liver providing numerous important biochemical and physiological functions.
- May be taken throughout the day to individualize delivery and absorption times, coinciding with periods in which additional vitamins and minerals are needed, such as immediately following exercise.
- Easy-to-swallow capsules that quickly dissolve for maximal nutrient assimilation.

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV*
Vitamin A (as beta-carotene and Vitamin A palmitate)	5,000 IU	100%
Vitamin C (as ascorbic acid)	200 mg	333%
Vitamin D3 (as cholecalciferol)	1600 IU	400%
Vitamin E (as succinate)	30 IU	100%
Vitamin K (as phytonadione)	80 mcg	100%
Thiamin (as thiamin hydrochloride)	50 mg	3333%
Riboflavin	50 mg	2941%
Niacin (as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxine hydrochloride)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium pantothenate)	50 mg	500%
Calcium (as calcium carbonate)	200 mg	20%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	100 mg	25%
Zinc (as zinc oxide)	15 mg	100%
Selenium (as selenomethionine)	200 mcg	285%
Copper (as amino acid chelate)	2 mg	100%

Supplement Facts (continued)

	Amount Per Serving	%DV*
Manganese (as amino acid chelate)	2 mg	100%
Chromium (as amino acid chelate)	120 mcg	100%
Molybdenum (as amino acid chelate)	75 mcg	100%
Boron (as citrate)	2 mg	**
Vanadium (as vanadyl sulfate)	10 mcg	**
Organic PhytoBalance Blend	50 mg	**
Maqui Berry Powder, Blackberry Powder, Acerola Extract, Blueberry Powder, Strawberry Powder, Raspberry Powder, Goji Berry Extract, Yumberry Powder, Cranberry Powder		
Branched-Chain Amino Acid Blend	100 mg	**
L-Leucine, L-Isoleucine, L-Valine		
Alpha Lipoic Acid	25 mg	**
Choline (as choline bitartrate)	10 mg	**
Inositol	190 mg	**
Zeaxanthin	190 mcg	**
Lutein	950 mcg	**
Lycopene	950 mcg	**
Astaxanthin	50 mcg	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily value not established

Directions: As a dietary supplement, take 2 capsules daily with food.

Other Ingredients: Magnesium Stearate, Rice Powder, Silicon Dioxide, Gelatin Capsule.

Contains: Soy

WARNING: Consult your physician prior to using this product if you are pregnant, nursing or taking medications or have a medical condition. Discontinue use and call a physician immediately if you experience unexpected side effects. Discontinue use two weeks prior to surgery.

STORE IN A COOL, DRY PLACE IN THE ORIGINAL CONTAINER AWAY FROM MOISTURE AND SUNLIGHT. ALWAYS KEEP TIGHTLY SEALED. KEEP OUT OF REACH OF CHILDREN.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEY FEATURES

- 24 Essential Vitamins & Minerals Including 1,600 IU Vitamin D3
- Delivers a PhytoBalance Blend for Healthy Antioxidant Support and to Combat Oxidative Stress†
- Enhanced with a Branched-Chain Amino Acid Blend to Support Anti-Catabolic, Endurance and Recovery†
- Antioxidant Support†

TARGET MARKET

Adult male athletes and non-athletes seeking a scientifically advanced multivitamin, mineral and modern nutraceutical complex.

RECOMMENDED STACK

- Maxpro
- Max Glutamine
- Max EFA

YOUR ASSURANCE OF QUALITY®

